

New Jersey Academy of Nutrition and Dietetics - Nominating Committee

Candidate Biographical Data Form: Ballot 2023-2024

Position: Nominating Committee Member

Name and Credentials: AnnaMarie Couce, MS, RD, CLC Academy Membership #: 86211670

Address: 35 Seaside Pl, Keansburg, NJ, 07734

Phone: (c) cell 856-899-0660 (w) work 973-972-2027 **Email:** annamariecouce@gmail.com **Education including route**

to registration: (Dietetic Internship, Coordinated Program) List Name and Date Rutgers University (Coordinated

Graduate Program), MS in Clinical Nutrition, 2021-2023

University of Delaware, BS in Nutrition and Dietetics, 2018-2021

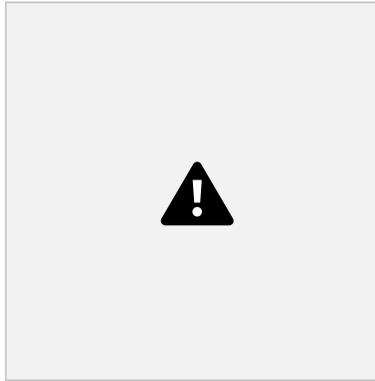
List Academic Institution and Date of Degree:

Rutgers University, January 2023

University of Delaware, May 2021

Professional Experience (Maximum: list most recent positions, maximum of 4):

1. Pediatric Dietitian and Interim Perinatal Dietitian (January 2023 - Present)
University Hospital, Newark, NJ
 - Assesses and nutritionally intervenes with infants, children, adolescents, young adults between 0-18 years old, pregnant women, and lactating mothers.
 - Counsels children, parents, and pregnant or lactating women on healthful eating and individualized nutritional goals.
 - Works with the interdisciplinary team to ensure adequate care of each patient and reports clinical updates.
 - Develops educational materials on medical nutrition therapy.
 - Prepares special exhibits for staff and patients to promote healthy lifestyle management. ● Conducts nutrition assessments for a variety of clinics including genetics, neurology, cardiology, pulmonology, rare diseases, high-risk infants, primary care, obstetrics, adolescent medicine, craniofacial, gastroenterology, and grant-funded initiatives.
2. Dietetic Technician (June 2021 - December 2021)
Kessler, Marlton, NJ



- Assisted dietitian in obtaining information from clients and patients regarding medical histories food preferences, and special dietary needs.
- Calculated and analyzed food consumption, changes in weight, and wellness indicators.
- Created and updated patient records.
- Complied with all Sodexo HACCP policies and procedures.

Professional/Volunteer Activities: (ACEND, DPG, NJAND, other professional groups) List Year ACEND

Member, 2019 - Present

Pediatric DPG Member, 2022 - Present

House of Delegates Note Taker, 2022

Honors/Publications

Abstract: The Effect of Intermittent Fasting on Glycemic Control in Adults With Prediabetes and Type 2 Diabetes, 2023

Membership/Organizations:

ACEND Member, 2019 - Present

Pediatric DPG Member, 2022 - Present

Statement for Office (please write why you would like to be considered for this position, etc.):

During my undergrad studies, I served as the Volunteer Coordinator and President of the Nutrition and Dietetics Club. Being part of a nutrition-related committee's board provided me with a wonderful experience. The Nominating Committee Member position aligns with my experience in fostering leadership within a professional organization. I have engaged with prospective students and encouraged them to join clubs or run for board positions. I have been on the receiving end of being recruited for committees, which has ignited my eagerness to involve myself in the process of identifying applicable candidates. I believe that I can contribute to the growth and diversity of leadership within NJAND region 2. My communication skills, decision-making abilities, and dedication to the Academy provide me with the confidence to succeed in this role.