



New Jersey Academy of Nutrition and Dietetics - Nominating Committee

Candidate Biographical Data Form: Ballot 2023-2024

Position: Program Director, SNAP-Ed NY

Name and Credentials: Carolina Espinosa, MS, RDN **Academy Membership #:** 992120

Address:

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Education including route to registration: (Dietetic Internship, Coordinated Program) List Name and Date

Attended James J Peters VA Medical Center Dietetic Internship Coordinated with NYU's Master of Science in Clinical Nutrition (required 15 graduate credits concurrent while completing dietetic internship) from August 2014 through July 2015. I passed the RD Board Exam on November 15, 2015.

List Academic Institution and Date of Degree:

Rutgers, the State University of New Jersey – New Brunswick, NJ
Bachelor of Science – Nutritional Sciences, January 2008
Master of Science – Nutritional Sciences, January 2011

Professional Experience (Maximum: list most recent positions, maximum of 4):

March 2020 – Current, Position: Program Director- SNAP-Ed, BronxWorks - Bronx, NY

November 2014 – July 2017, Position: Program Consultant - Part-time, United Way NYC - New York, NY

February 2013 – July 2014 Position: Clinical Research Coordinator, NY Obesity Nutrition Research Center, St. Luke's Mt Sinai – New York, NY

June 2012 – December 2012 Position: Interim Program Associate – Improving Diabetes Quality Care, New York State Health Foundation – New York, NY



Professional/Volunteer Activities: (ACEND, DPG, NJAND, other professional groups) _____ List Year

MIG, Latinos and Hispanics in Dietetics and Nutrition (LAHIDAN) – August 2023 to Present

Volunteer work with MEOW Inc of Monmouth County – 2018 to present.

Diversify Dietetics Mentor - 2020 to 2021

Currently Preceptor for James J Peter VA Medical Center - 2020 to Present

Honors/Publications

40 Under 40: The Rising Stars in NYC Food Policy, Class of 2023, Awarded by NYC Food Policy Center

Link to Awardee page: <https://www.nycfoodpolicy.org/40-under-40-the-rising-stars-in-nyc-food-policy-class-of-2023/>

Membership/Organizations:

Academy of Nutrition and Dietetics – August 2023 to Present

Association of SNAP Nutrition Education Administrators (ASNNA) – May 2023 to Present

Statement for Office (please write why you would like to be considered for this position, etc.):

I am excited to submit this application for consideration as a Regional Representative for New Jersey's Academy of Nutrition and Dietetics! Although most of my professional experience post-Dietetic Internship has been in New York, I have a strong affinity to my home state and working with others who are proud to be New Jersey natives. Over the years, I have gained a lot of experience working with partners and professionals from various backgrounds and find that I thrive when it comes to organizing and planning events. My strengths are being creative with visuals, staying organized, finding topics on the latest nutrition research and trends to discuss and write about in newsletters, and working with others to meet deadlines and make a vision come to life. I enjoy working in coalitions, collaborating with other organizations, and meeting people in the community to figure out what kind of events they would like to participate in. I am also passionate about metrics and collecting feedback to ensure events meet a certain standard and participants are satisfied. As a prospective Regional Representative in NJ, I hope I can also bring a new perspective to this position from my own personal and professional experiences as a Latina in the field of Dietetics. This is an exciting opportunity to learn from others about how to continue providing quality events for Dietetic professionals in New Jersey.